

22nd

International Workshop on Neonatology and Pediatrics and Satellite Meetings Precision Neonatology and Pediatrics



21-24
October 2026
UNAHOTELS T Hotel
Cagliari - ITALY



President:
Vassilios Fanos



On the cover:

Impressionistic watercolor of mother and child with floral elements. Hand painted

Wednesday 21 October 2026 – NO ECM

Marathon Connectomics:

The School of Pediatrics of Cagliari in connection with the world

Chairpersons: Angelica Dessì (Cagliari, Italy), Marta Melis (Cagliari, Italy)

1st Europe-U.S.A. Meeting

Meeting on the European Project BETTER4U on obesity

Presidents Vassilios Fanos (Cagliari, Italy), Dorret Boomsma (Amsterdam, The Netherlands)

Obesity Marathon

Presidents Vassilios Fanos (Cagliari, Italy), Marie Leiner (El Paso, Texas, U.S.A.)

Thursday all day 22 October 2026 (Room T1) – ECM

22nd International Workshop on Neonatology

Presidents Vassilios Fanos (Cagliari-Italy), Pier Paolo Bassareo (Dublin-Ireland),

Esin Koç (Ankara-Turkey)

Venerdì giornata intera 23 Ottobre 2026 – ECM

Congresso di Pediatria +

Presidenti Vassilios Fanos (Cagliari), Francesco De Luca (Catania)

Salvatore Savasta (Cagliari), Gianluigi Marseglia (Pavia)

Sabato giornata intera 24 Ottobre 2026 – ECM

Convegno “La Pediatria di Famiglia tra presente e futuro”

Presidenti Vassilios Fanos (Cagliari), Osama Al Jamal (Cagliari)

UNDER THE PATRONAGES OF:
CON IL PATROCINIO DI:



UNICA UNIVERSITÀ
DEGLI STUDI
DI CAGLIARI
Dipartimento di Scienze Chirurgiche



ORDINE DEI MEDICI CHIRURGHI
E DEGLI ODONTOIATRI
DELLA PROVINCIA
DI CAGLIARI



A.C.I.S.
Associazione Culturale Italia Svezia
dal pensiero di Alfred Nobel



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ROMANIAN
PEDIATRIC
SOCIETY



SI-DOHaD
Società Italiana - Developmental
Origins of Health and Disease



Oscar M Aguilar, MD MPH

Texas Integrative Medicine and Cardiology, El Paso, USA

Sadhana Chheda MD FAAP

Neonatal Transport Medical Director
Chair of the Quality and Patient Safety Committee
Division of Neonatology | Department of Pediatrics
El Paso Children's Hospital, El Paso, TX USA

Jose Manuel de la Rosa MD, MSc.

Vice President for Outreach and Community Engagement
Tenured Professor and Interim Chair
Department of Pediatrics, Paul L. Foster School of Medicine, El Paso, Texas, USA

Hugo Kiyoshi Kato MD, FAAP

Neonatal Medicine
Assistant Professor
El Paso Children's Hospital
The University of Texas at El Paso, USA

Marie Leiner, PhD, Pediatrics Research Professor

Dept of Pediatrics
Texas Tech University Health Sciences Center El Paso, USA

Cecilia Levine, BS, HD. Director

US Mexico Canada Strategic Alliance, El Paso, Texas, USA

Thenral Mangadu, M.D., M.P.H., PhD

Associate Vice President for Health and Interdisciplinary Research,
Research & Innovation
Professor, Department of Public Health Sciences
Director, Institute for Health and Lifespan Research,
Director, Minority AIDS Research Center (MARC)
Peter de Wetter Endowed Professor in Health Sciences
College of Health Sciences
The University of Texas at El Paso, USA

Kari North, PhD, MA, FAHA

Professor of Epidemiology | Professor of Internal Medicine

Vice President of Border Health

UT Health Houston School of Public Health, USA

Indu Pathak, MD, FAAP

Director Inpatient Pediatrics and Quality

Pediatric Hospital Medicine

Department of Pediatrics

Staten Island University Hospital

Associate Professor of Pediatrics

Zucker School of Medicine at Hofstra/Northwell

Staten Island, NY 10305, USA

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National Treasurer Italian Federation Family Pediatricians (FIMP), Sardinian Secretary of Italian Federation Family Pediatricians (FIMP)

Massimo Agosti [Varese, Italy]

President Italian Society of Neonatology
Prof. of Pediatrics Insubria University

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Director Obstetrics and Gynecologic Clinic, AOU Cagliari, Italy

Giorgio Arcara [Venice, Italy]

Scientific Vice Director San Camillo IRCCS (Venice, Italy)
Head Laboratory of Neurophysiology

Pier Paolo Bassareo [Dublin, Ireland]

Director Cardiology Department
School of Medicine, University College of Dublin,
Mater Misericordiae University Hospital and Children's Health Ireland at Crumlin, Dublin, Ireland

Enrico Bertino [Turin, Italy]

Past President of European Milk Bank Association, EMBA

Dorret Boomsma [Amsterdam, The Netherlands]

Prof. Emeritus of Psychology, Vrije Universiteit, Amsterdam.

Giuseppe Buonocore [Siena, Italy]

Past President Union European Neonatal and Perinatal Societies (U.E.N.P.S)

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Pro Rector of Medicine University of Cagliari

Luigi Cataldi [Rome, Italy]

Former Director UOC Pediatric Clinic UCSC Policlinico Gemelli, Rome, Italy

Ernesto D'Aloja [Cagliari, Italy]

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Founder and Vice President Association Pediatria +

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Prof. Of Internal Medicine, Italian Knowledge Leader

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Elisabetta Di Mauro (Chieti, Italy)

Prof. Department of Letters, Art and Social Sciences, University of Chieti

Gavino Faa (Cagliari, Italy)

Professor Emeritus of Pathology, Past Dean Faculty of Medicine, University of Cagliari

Claudio Fabris (Turin, Italy)

Past President Italian Society of Neonatology (SIN)

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Prof. of Pediatrics, Italian Knowledge Leader

Funder Association Pediatria +

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Pain (A.I.S.D.), Director of Mother and Child Department AOU Cagliari

Anna Maria Fulghesu (Cagliari, Italy)

President Italian Society of Pediatric and Adolescence Gynecology

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Consultant Neonatologist / Head of the Neonatal Semi-Intensive Care Unit
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General Hospital Kumanovo

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President of Turkish Neonatology Society, Prof. of Pediatrics
President Union European Neonatal Perinatal Societies (UENPS)

Domenico Lepore [Rome, Italy]

Professor of Ophthalmology, Sacred Heart University of Rome

Stefania Lessio [Milan, Italy]

Panspandasmed Co-Founder & Advocacy

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Director Obstetric Gynecologic Department, ARNAS Brotzu Hospital, Cagliari

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Founder and President Association Pediatria +

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Director Department of Mother Infant and Director of Pediatric Surgery

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Past President Italian Society Neonatal Nursing (SIN INF)

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Adj. Assistant Professor of Epidemiology,

Department of Environmental Health Sciences,

YALE School of Public Health

Antonio Ragusa [Sassuolo, Italy]

Prof. Obstetrics and Gynecology, Sassuolo Hospital

Angelo Ravelli [Genoa, Italy]

Prof of Pediatrics, Director Pediatric Clinic and Rheumatology, Gaslini, Genoa

Scientific Director Gaslini Institute, Genoa

Italian Knowledge Leader

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Salvatore Savasta [Cagliari, Italy]

Professor of Pediatrics, University of Cagliari (Italy)

Liborio Stuppia [Chieti, Italy]

Rector, University of Chieti

Professor of Genetics

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Emeritus Head Department of Pediatrics, Rovigo Hospital,
Past President Italian Society Hospital Pediatricians

Gianfranco Trapani (Sanremo, Italy)

President Italy-Sweden Cultural Association Inspired by the Thought of Alfred Nobel

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Italian President of Italian Arabian Pediatric Society (IAPS) and Italian President of the Romanian Pediatric Society (IRPS)

Luigi Zorcolo (Cagliari, Italy)

Director of Clinical Department of Surgical Sciences AOU Cagliari

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Maria Antonia Cossu (Sassari, Italy)	Luigi Cataldi (Rome, Italy)
Maria Antonietta Marcialis (Cagliari, Italy)	Flaminia Cesare Marincola (Cagliari, Italy)
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Enrico Bertino (Turin, Italy)	Elena Curridori (Cagliari, Italy)
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Serena Bosone (Cagliari, Italy)	Jose Manuel de la Rosa (El Paso, TX USA)
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Mattia Brutti (Cagliari, Italy)	Stefano Del Giacco (Cagliari, Italy)

Angelica Dessì (Cagliari, Italy)	Antonio Macciò (Cagliari, Italy)
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Carlo Dionisi Vici (Rome, Italy)	Cristiana Malorgio (Cagliari, Italy)
Andrea Dotta (Rome, Italy)	Thenral Mangadu (El Paso, TX USA)
Maria Elisabeth Street (Parma, Italy)	Sara Maninchedda (Cagliari, Italy)
Elena Esposito (Cagliari, Italy)	Danila Manus (Cagliari, Italy)
Gavino Faa (Cagliari, Italy)	Anna Maria Fulghesu (Cagliari, Italy)
Claudio Fabris (Turin, Italy)	Marina Marsan (Cagliari, Italy)
Vassilios Fanos (Cagliari, Italy)	Gianluigi Marseglia (Pavia, Italy)
Gabriele Finco (Cagliari, Italy)	Carla Marzetti (Bologna, Italy)
Donatella Gariel (Cagliari, Italy)	Luigi Mascia (Cagliari, Italy)
Giuseppe Giannaccare (Cagliari-Italy)	Valentina Masile (Cagliari, Italy)
Aleksandra Hristova (Kumanovo, North Macedonia)	Giuseppe Masnata (Cagliari, Italy)
Hugo Kiyoshi Kato (El Paso, TX USA)	Matteo Mauri (Cagliari, Italy)
Esin Koç (Ankara, Turkey)	Alice Melis (Cagliari, Italy)
Nicola La Forgia (Bari, Italy)	Marta Melis (Cagliari, Italy)
Alberto Lai (Cagliari, Italy)	Domenico Minasi (Reggio Calabria, Italy)
Marie Leiner (El Paso, TX USA)	Roberto Minelli (Cagliari, Italy)
Domenico Lepore (Rome, Italy)	Mario Moi (Cagliari, Italy)
Cecilia Levine (El Paso, TX USA)	Francesco Mola (Cagliari, Italy)
Stefania Lessio (Milan Italy)	Giovanni Monni (Cagliari, Italy)
Marianna Ligas (Cagliari, Italy)	Emilio Montaldo (Cagliari, Italy)
Cristina Loddo (Cagliari, Italy)	Fabio Mosca (Milan, Italy)
Michele Loi (Cagliari, Italy)	Michele Mussap (Venice, Italy)

Paola Neroni (Cagliari, Italy)

Kari North (Houston, TX USA)

Antonio Noto (Cagliari, Italy)

Luigi Orfeo (Rome, Italy)

Noemi Pani (Cagliari, Italy)

Kavin Pannerseivam (El Paso, TX USA)

Indu Pathak (Staten Island, NY USA)

Umberto Pelosi (Cagliari, Italy)

Diego Peroni (Pisa, Italy)

Cristina Pintus (Cagliari, Italy)

Roberta Pintus (Cagliari, Italy)

Antonella Piras (Cagliari, Italy)

Cristina Piras (Cagliari, Italy)

Denis Pisano (Cagliari, Italy)

Prisco Piscitelli (New Haven, CT USA)

Dario Pruna (Cagliari, Italy)

Melania Puddu (Cagliari, Italy)

Antonio Ragusa (Sassuolo, Italy)

Francesco Raimondi (Naples, Italy)

Angelo Ravelli (Genoa, Italy)

Alessandra Reali (Cagliari, Italy)

Carlo Ripoli (Cagliari)

Francesco Romeo (Cagliari, Italy)

Luca Saba (Cagliari, Italy)

Tobia Salvadori (Florence, Italy)

Salvatore Savasta (Cagliari, Italy)

Claudia Sbaffi (Cagliari, Italy)

Manuel Scarano (Cagliari, Italy)

Giuseppina Spanedda (Sassari, Italy)

Claudia Spiga (Cagliari, Italy)

Liborio Stuppia (Chieti, Italy)

Gianfranco Temporin (Rovigo, Italy)

Gianfranco Trapani (Sanremo, Italy)

Mariella Vendemmia (Naples, Italy)

Salvatore Vendemmia (Aversa, Italy)

Alberto Verrotti di Pianella (Perugia, Italy)

Massimiliano Zonza (Cagliari, Italy)

Luigi Zorcolo (Cagliari, Italy)

Natalia Zuddas (Cagliari, Italy)

We are pleased to invite you to the 22nd International Workshop on Neonatology and Pediatrics to be held in Cagliari, Italy.

This follows the success of the previous 21 editions, 19 in presence and 2 online, which saw the overall presence of about 13,000 participants in presence and 700 online. This 22nd Workshop is an important milestone and is recognized by several international and scientific societies. Some of the world's most renowned specialists from more than 60 different countries have been present in Cagliari in these years. The Workshops have received the High Patronage of the President of the Italian Republic (6 years) and UNICEF (4 years). Due to the organization of this meeting, Prof. Fanos has been awarded in 2021 as "Italian Knowledge Leader" by the National Institute of Tourism, Convention Bureau Italy under the Patronage of Ministry of Tourism. Moreover he has been awarded in Thessaloniki in 2026 for the Leadership and Impact in the Mediterranean Area by International Congress and Convention Association (ICCA). The Workshops have created a network of scientific and human relations that have changed, improved and enriched us all see the History of our Workshop:

<https://jpnim.com/index.php/jpnim/article/view/e100224/815>

In 2019 the meeting was followed by the 40th Congress of the Union of Middle Eastern and Mediterranean Pediatric Societies (UMEMPS), founded more than 60 years ago. In 2020 and 2021 the meeting was virtual due to the pandemic. The title of this year workshop, "Precision Neonatology and Pediatrics" underscores the trajectory that necessarily assistance, research and teaching are present today and will follow in the coming years. A view into the present for perinatology and pediatrics through debates and shared experiences from all the world.

This year the proceedings of the Workshop will be published in the "Journal of Pediatric and Neonatal Individualized Medicine" (JPNIM), which is indexed in Scopus and Web of Science, official Journal UMEMPS (Union Middle Eastern and Mediterranean Pediatric Societies) and other 9 important national societies of Italy, Greece, Portugal and Romania. At the end of 2023 JPNIM was awarded a "Journal of High Cultural Value" prize by the Italian Ministry of Culture: the reasons of success are presented in a specific paper of the Journal (J Pediatr Neonat Individual Med. 2024;13(1):e130104. doi: 10.7363/130104). In past years the journals were "Medical and Surgical Pediatrics", "Journal of Chemotherapy", "Journal of Maternal Fetal Neonatal Medicine", "Clinica Chimica Acta" and JPNIM.

Over the years, the Workshop has made its impression on science and has promoted a lively discussion in an always serene and extremely constructive atmosphere. More than 1000 speakers (330 Top International Scientists coming from more than 60 countries). Abstracts were sent by more than 50 countries). In 2024 it was published the volume "A small history of the future. 20 International Workshops on Neonatology and Pediatrics in Cagliari"

This year's meeting is organized in presence and will have the participation of several Presidents of International and National Societies. The main topics that will be discussed cover cutting-edge topics such as neonatology, nutrition, epigenetics, ethics, obesity (first marathon), metabolomics (second marathon), environment (third marathon), rare diseases, nutraceuticals and many other topics. The meeting is dedicated to neonatologists, pediatricians, obstetricians, perinatologists, psychologists, pathologists, laboratory researchers and all those who work with the newborns and children (hospital pediatricians, family pediatricians, nutritionists, pharmacists, obstetricians, midwives, nurses...).

We look forward to welcoming you to this traditional appointment to discuss topics of the present and keep us up to date on the latest results, both in clinical practice and research in neonatology and pediatrics.

The Presidents of the Congresses

Vassilios Fanos (Cagliari, Italy), Osama Al Jamal (Cagliari, Italy),
Pier Paolo Bassareo (Dublin, Ireland), Dorret Boomsma (Amsterdam, The Netherlands),
Francesco De Luca (Catania, Italy), Esin Koç (Ankara-Turkey), Marie Leiner (El Paso, Texas, U.S.A.),
Gianluigi Marseglia (Pavia, Italy), Salvatore Savasta (Cagliari, Italy)

10.00 a.m. REGISTRATIONS

11.00 a.m. MARATHON CONNECTOMICS:

Residents play a vital role in our clinics and workplaces. Specialty training is not a one-way street: while we, as established professionals, offer them expertise, experience, and learning opportunities, it is precisely these young physicians who bring new ideas, questions, and perspectives that help us critically reflect on our work.

In this context, training experiences abroad outside our network represent significant added value. Engaging with different organizational, clinical, and cultural contexts allows residents to broaden their skills and develop a broader perspective on pediatrics. Numerous studies have shown that international training experiences during residency foster the development of unique skills, adaptability, and intercultural sensitivity, with positive repercussions even in their home settings.

The School of Pediatrics of Cagliari in connection with the world

Chairpersons: Angelica Dessì (Cagliari), Marta Melis (Cagliari)

Sigue Nadando: a NICU on the other side of the Mediterranean Sea

Marina Marsan

Between Pain au Chocolat & Crying Babies: My Pediatric Experience in Paris

Francesco Romeo

Two continents, one journey: reflection from Spain and Africa

Alice Di Carlo

NutriAcção em Angola: my volunteer experience Against Malnutrition

Marcello Cossu

Ctrl + Alt + Treat: Pediatrics in a Belgian Digital Hospital

Serena Bosone

Midnight in Paris: A Journey Through French Pediatric Emergency Care

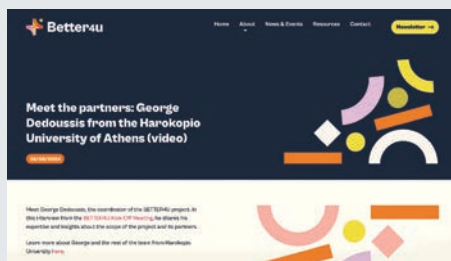
Mattia Brutti

What Happens in Mexico... ends Up in Pediatrics

Antonella Piras

1st European-U.S.A. Meeting

Meeting on the European Project BETTER4U on obesity The Netherlands, Italy



OBESITY MARATHON

Presidents: Dorret Boomsma (Amsterdam, The Netherlands), Vassilios Fanos (Cagliari), Marie Leiner (El Paso, Texas, U.S.A.) Scientific
Secretariat and Dissemination: Matteo Mauri (Cagliari, Italy)

Obesity. How big is the problem?

Worldwide: About 1 in 5 children or adolescents [20%] is overweight or obese.

Obesity affects about 38 million children under 5 and about 340 million children and adolescents aged 5–19 (UNICEF / WHO / World Bank Joint Child Malnutrition Estimates (JME), 2022–2024).

In Italy, approximately 100,000 children are at risk of severe obesity. This marathon on obesity features leading experts in the field in a multidisciplinary and constructive atmosphere, including a presentation of data from the European BETTER4U Project.

14.30 Chairpersons: Dorret Boomsma (Amsterdam, The Netherlands), Marie Leiner (El Paso, Texas, U.S.A.)
Moderators: Angelica Dessì (Cagliari, Italy), Michele Mussap (Venice, Italy)

14.40 When risk begins early: omics, obesity, and aging along the US/Mexico border
Kari North (Houston, Texas, U.S.A)

15.10 AAP Guidelines and epidemiologic landscape of childhood obesity: medical-surgical management
Indu Pathak (Staten Island, NY, U.S.A.)

15.40 Cardiovascular problems in obese children
Francesco De Luca (Catania, Italy)

16.10 The European Project BETTER4U on obesity
Antonio Noto (Cagliari, Italy)

16.40 Obesity in twins

Dorret Boomsma (Amsterdam, The Netherlands)

17.10 Metabolomics in pediatric obesity

Vassilios Fanos (Cagliari, Italy)

17.40 Liver changes in pediatric obesity

Gavino Faa (Cagliari, Italy)

18.10 Revolutionizing Preventive Care: Holistic Avatar Interventions for Obesity

Marie Leiner, Cecilia Levine BS, J Manuel de la Rosa (El Paso, Texas, U.S.A.)

18.40 Discussion

19.15 Conclusions and and of the day

22nd International Workshop on Neonatology

Presidents: Vassilios Fanos (Cagliari-Italy), Pier Paolo Bassareo (Dublin-Ireland), Esin Koç (Ankara-Turkey)

Executive Scientific Secretariat: Viviana Marinelli

Scientific Secretariat: Vittoria Annis, Alessandra Atzei, Francesca Birocchi, Federico Cannas, Francesca Cioglia, Donatella Gariel, Danila Manus, Maria Antonietta Marcialis, Paola Neroni, Antonio Noto, Cristina Pintus, Denis Pisano, Melania Puddu

Organizing Secretariat: Anna Bertini, Alice Bosco, Giulia Concas, Elisabetta Coni, Elena Curridori, Elena Esposito, Cristina Loddo, Michele Loi, Cristiana Malorgio, Valentina Masile, Alice Melis, Marta Melis, Noemi Pani, Roberta Pintus, Claudia Spiga

Administrative Secretariat: Patrizia Baire

Chairman: Vassilios Fanos

08.30 REGISTRATIONS

09.10 I SESSION: MAGISTRAL LECTURES

Chairperson: Giovanni Monni (Cagliari-Italy)

Moderators: Giuseppe Giannaccare (Cagliari-Italy), Melania Puddu (Cagliari-Italy)

09.20 Plastics in perinatology

Antonio Ragusa (Sassuolo-Italy)

09.40 Environment and kidney damage

Gavino Faa (Cagliari-Italy)

10.00 Present and future of Neonatology

Massimo Agosti (Varese-Italy)

10.20 The latest news on Retinopathy of Prematurity: what to know, what to do

Domenico Lepore (Rome-Italy)

10.40 Viability of extremely premature neonates: clinical approaches and outcome

Esin Koç (Ankara-Turkey)

11.00 II SESSION: KEY QUESTIONS IN PERINATOLOGY

Chairperson: Enrico Bertino (Turin-Italy)

Moderators: Elena Esposito (Cagliari Italy), Cristina Loddo (Cagliari-Italy)

Discussant: Claudia Sbaffi (Cagliari-Italy)

11.10 Malformations: learned lessons from clinical cases

Andrea Dotta (Rome-Italy)

11.30 Neonatal arrhythmias

Francesco De Luca (Catania-Italy)

11.50 Urea cycle defects

Carlo Dionisi Vici (Rome-Italy)

12.10 Neonatal-onset genetic encephalopathies

Alberto Verrotti di Pianella (Perugia-Italy)

12.30 Importance of ultrasounds in very low birth weight infants

Mariella Vendemmia (Naples-Italy)

12.50 Discussion

13.10 Lunch

**14.10 (NO ECM) Congresses: Italy 1st in Europe, 2nd in the World
The "Italian Knowledge Leaders" Project**

Convention Bureau Italia. Tobia Salvadori (Director, Florence-Italy) Maddalena Chiellini (Association Segment Developer, Florence-Italy)

14.30 III SESSION: EUROPEAN-USA MEETING OF NEONATOLOGY

Chairpersons: Giuseppe Buonocore (Siena, Italy), Marie Leiner (El Paso, Texas, U.S.A.)

Moderators: Maria Antonietta Marcialis (Cagliari-Italy), Aleksandra Hristova (Kumanovo-North Macedonia), Giuseppina Spanedda (Sassari-Italy)

Discussant: Marina Marsan (Cagliari-Italy)

14.40 Ethics in Neonatology

Ernesto D'Aloja [Cagliari-Italy]

15.00 PDA scoring: enhancing clinical decision-making and management strategies

Hugo Kiyoshi Kato [El Paso-Texas, U.S.A.]

**15.20 Engaging healthcare providers, patients and caregivers as partners in perinatal care:
Whole-person approaches for health across the lifespan**

Thenral Mangadu [El Paso-Texas, U.S.A.]

15.40 Pulmonary hypertension

Pier Paolo Bassareo [Dublin-Ireland]

16.00 Nutritional Best Practices for the VLBW Infant

Sadhana Chheda [El Paso-Texas, U.S.A.]

16.20 Emergency point of care ultrasound in the NICU

Francesco Raimondi [Naples-Italy]

16.40 Discussion

17.00 IV CUTTING-EDGE LECTURES

Presidents: Luigi Cataldi [Rome-Italy]

Moderators: Stefano Angioni [Cagliari-Italy], Angelica Dessì [Cagliari-Italy]

17.10 Epochal changes in human milk banks

Enrico Bertino [Turin-Italy]

17.30 Neurocutaneous syndromes: history and future

Salvatore Savasta [Cagliari-Italy]

17.50 Lung microbiota: what we know

Diego Peroni [Pisa-Italy]

18.10 Bladder, kidney and brain: unravelling the hidden complexity of pediatric functional disorders

Giuseppe Masnata (Cagliari-Italy)

18.30 Childhood MASLD and early cardiovascular damage: a call for action

Marie Leiner (El Paso-Texas, U.S.A), Kevin Pannerselvam

19.00 Final discussion, end of the meeting and CME procedures

19.20 OPENING CEREMONY

Introduction: Vassilios Fanos

Greetings of the Authorities



Congresso di Pediatria +

Presidenti: Vassilios Fanos (Cagliari), Francesco De Luca (Catania), Salvatore Savasta (Cagliari), Gianluigi Marseglia (Pavia)

Segreteria Organizzativa: Osama Al Jamal (Cagliari), Angelica Dessì (Cagliari)

Razionale Scientifico

Il congresso di Pediatria affronta numerosi argomenti “cutting-edge” della Pediatria Contemporanea con diverse letture tenute da prestigiosi speaker pediatri universitari, ospedalieri e di famiglia. Dalla Neonatologia alla Pediatria molti argomenti con aggiornamenti significativi sono trattati con alcuni speciali focus sulla Pediatria Generale e Specialistica e sul concetto di **ONE HEALTH**, per un ambiente a misura di bambino.

Il Workshop 2026 desidera suscitare l'interesse sia degli "addetti ai lavori", e inoltre, vuole rappresentare l'occasione per migliorare le conoscenze e condividere con specialisti di diversa estrazione le novità della ricerca sia nel campo della diagnostica che della terapia.

08.30 REGISTRAZIONI

08.45 SALUTI ISTITUZIONALI

09.00 I SESSIONE: LETTURE MAGISTRALI

Presidente: Claudio Fabris (Torino)

Moderatori: Luigi Mascia (Cagliari), Domenico Minasi (Reggio Calabria)

09.10 Miti e geni

Elisabetta Di Mauro e Liborio Stuppia (Chieti)

09.50 La nascita in Italia: dalla storia al futuro

Luigi Orfeo (Roma)

10.10 Cambiamento climatico: quali effetti sulla salute perinatale?

Fabio Mosca (Milano)

10.30 Immunità e allergia: una sottile linea di confine

Gianluigi Marseglia (Pavia)

10.50 Le nuove terapie di precisione in reumatologia pediatrica

Angelo Ravelli (Genova)

11.10 II SESSIONE: IL NEONATO AL CENTRO: L'ESPERIENZA DI CAGLIARI

Presidente: Viviana Marinelli (Cagliari)

Moderatori: Alessandra Atzei (Cagliari), Maria Antonia Cossu (Sassari), Antonio Cualbu (Nuoro), Alberto Lai (Cagliari)

Discussant: Giulia Concas (Cagliari), Michele Loi (Cagliari)

11.20 Genetica dello stroke neonatale

Dario Pruna (Cagliari)

11.40 Cardiopatie congenite e sindromi

Paola Neroni (Cagliari)

12.00 Approccio alle malattie metaboliche neonatali

Marta Balzarini (Cagliari)

12.20 Update sulla gestione del dolore nel neonato

Cristina Loddo [Cagliari]

12.40 Aggiornamenti sul trasporto neonatale in aereo

Francesca Cioglia [Cagliari]

13.00 Discussione

14.10 Presentazione libro (NO ECM)

XXX anni di Convegni Neonatologici, Pediatrici ed Infermieristici Normanni

di Salvatore Vendemmia [Aversa]

14.30 Presentazione libro (NO ECM)

Metabolomica Clinica. Guida pratica all'interpretazione del referto metabolomico

di Vassilios Fanos [Cagliari] e Carla Marzetti [Bologna]

14.50 III SESSIONE: HOT TOPICS

Presidente: Gianfranco Temporin (Rovigo)

Moderatori: Elisabetta Coni (Cagliari), Roberto Minelli (Cagliari)

Discussant: Sara Maninchedda (Cagliari)

15.00 Il microbiota dalla nascita allo svezzamento

Nicola La Forgia [Bari]

15.20 Importanza dello zinco in neonatologia

Luca Maggio [Roma]

15.40 Insulino-resistenza: stiamo perdendo una generazione

Oscar M Aguilar [El Paso, Texas, U.S.A.]

16.00 Il Pediatra di famiglia e il neurosviluppo

Osama Al Jamal [Cagliari]

16.20 Neurosviluppo e neurodegenerazione

Michele Mussap [Venezia]

16.40 Discussione



LIFE18 ENV/IT/000460 - Life MILCH
Mother and Infant dyads: Lowering the impact of
endocrine disrupting Chemicals in milk for a Healthy Life



17.00 IV SESSIONE: MARATONA ONE HEALTH, BAMBINO E AMBIENTE

Presidente: Salvatore Vendemmia (Aversa)

Moderatori: Alessandra Reali (Cagliari), Manuel Scarano (Cagliari)

17.05 L'approccio One Health del Pediatra

Giorgio Bracaglia (Viterbo)

17.25 Alimentazione e interferenti endocrini: dal grembo materno all'adolescenza

Maria Elisabeth Street (Parma)

17.45 Il progetto AMBO (Alleanza Bambino e Ambiente)

Sergio Bernasconi (Parma)

18.05 Il ruolo della Medicina Ambientale

Prisco Piscitelli (Yale, Bruxelles e Lecce)

18.25 Una dieta sana per un bambino sano

Alice Bosco (Cagliari)

18.45 Il ruolo della Comunicazione

Angelica Dessì (Cagliari)

18.45 Discussione finale, conclusione lavori e procedure ECM

Razionale scientifico

Dove va la pediatria di famiglia? Nel corso degli ultimi mesi abbiamo assistito ad alcuni tentativi di cambiare il codice genetico della pediatria di famiglia, presidio prezioso ed insostituibile del nostro sistema sanitario.

Il convegno è aperto da una Lettura Magistrale del Presidente rieletto Dr. Antonio D'Avino, seguita da una sessione intitolata "Sulla cresta dell'onda" in cui si alternano eccellenti relatori (pediatri di famiglia, ospedalieri ed universitari) su temi di grande interesse per il pediatra di famiglia. La seconda parte della giornata è tutta dedicata ad una maratona sulla metabolomica, dove vengono affrontati temi cruciali della pediatria analizzati alla luce di questo potente strumento diagnostico. Oggi la metabolica può essere prescritta nell'ambulatorio del pediatra di famiglia e anzi cambia il modo di fare il pediatra di famiglia.

Convegno "La Pediatria di Famiglia tra presente e futuro"

Presidenti: Vassilios Fanos (Cagliari), Osama Al Jamal (Cagliari)

08.45 REGISTRAZIONI

09.00 Saluti Istituzionali

09.10 I SESSIONE

Presidente: Osama Al Jamal (Cagliari)

Moderatori: Donatella Gariel (Cagliari), Elena Curridori (Cagliari)

Lettura magistrale

09.10 La Pediatria di Famiglia tra presente e futuro

Antonio d'Avino (Napoli)

09.40 II SESSIONE SULLA CRESTA DELL'ONDA

Presidente: Gabriele Finco (Cagliari), Antonio Macciò (Cagliari)

Moderatori: Danila Manus (Cagliari), Francesca Birocchi (Cagliari),
Massimiliano Zonza (Cagliari)

09.50 Riflessioni di una vita da Pediatra in un mondo che cambia

Nicola Roberto Caputo (Palazzolo sull'Oglio)

- 10.10 Alimentazione complementare nel neonato pretermine**
Cecilia Argentina (Rimini)
- 10.30 Novità in tema di nutrizione del bambino**
Raffaella De Franchis (Napoli)
- 10.50 Esperienze Real Life: il polimetilxiloxano polidrato nel trattamento della diarrea acuta infantile**
Antonello Arrighi (San Giovanni Valdarno)
- 11.10 Novità in tema di enuresi**
Rita Caruso (Monza)
- 11.30 Screening del diabete: a che punto siamo?**
Carlo Ripoli (Cagliari)
- 11.50 Update sulla prevenzione dell'infezione da VRS**
Chiara Azzari (Firenze)
- 12.10 Discussione**
- 12.30 LUNCH**
- 14.10 Highlights dalla Giornata Mondiale Sindromi Pans Pandalis**
Stefania Lessio (Milano)
- 14.30 MARATONA SULLA METABOLOMICA**
LA METABOLOMICA NELL'AMBULATORIO DEL PEDIATRA DI FAMIGLIA: OGGI SI PUÒ
Presidenti: Luigi Atzori (Cagliari), Michele Mussap (Venezia)
Moderatori: Marianna Ligas (Cagliari), Mario Moi (Cagliari)
- 14.40 Come la metabolomica ha cambiato il mio modo di fare il Pediatra**
Gianfranco Trapani (Sanremo)
- 15.00 Metabolomica e probiotici**
Flaminia Cesare Marincola (Cagliari)
- 15.20 Metabolomica e autismo**
Angelica Dessì (Cagliari)

16.00 Metabolomica e nutrizione

Simona Alessandri (Roma)

16.20 Metabolomica e obesità

Cristina Piras (Cagliari)

16.00 Metabolomica e problemi odontoiatrici

Antonio Noto (Cagliari)

16.20 Sportomica: la scienza della metabolomica al servizio dello sport

Vassilios Fanos (Cagliari)

16.40 Metabolomica e microbiomica: le interconnessioni (NO ECM)

Carla Marzetti (Bologna)

17.00 Il cibo parla al microbiota (NO ECM)

Paolo Mainardi (Genova)

17.20 Intelligenza artificiale e discipline “omiche” (NO ECM)

Antonio Colangelo (Trento)

Discussione

Discussant: Federico Cannas (Cagliari), Roberta Pintus (Cagliari),
Natalia Zuddas (Cagliari)

18.00 SARANNO FAMOSE E FAMOSI

Protagonisti: gli Specializzandi di Pediatria della Scuola di Cagliari

I 4 giorni del Congresso partono con gli Specializzandi e finiscono con gli Specializzandi. Per loro è stato inizialmente pensato il Convegno. Loro sono protagonisti di un emozionante e partecipato fotofinish.

Presidenti: Giangiorgio Crisponi (Cagliari), Umberto Pelosi (Cagliari)

Moderatori: Alessandro Canetto (Cagliari), Gabriella Cherchi (Cagliari)

Giuria: Vassilios Fanos (Cagliari), Salvatore Savasta (Cagliari), Angelica Dessì (Cagliari),
Alessandro Canetto (Cagliari), Gabriella Cherchi (Cagliari)

19.00 Discussione finale, conclusione lavori e procedure ECM

22nd

**International Workshop on
Neonatology and Pediatrics
and Satellite Meetings
Precision Neonatology and
Pediatrics**

ABSTRACTS



All the abstract of the lectures will be published in the
Journal of Pediatric and Neonatal Individualized Medicine (JPNIM)
 awarded a “Journal of high cultural value” prize by the Italian Ministry of Culture
<https://jpnim.com/index.php/jpnim/article/view/080223/648>

The abstracts must be sent within 5 September 2026 to the following addresses:
vafanos@jpnim.com - luisaserra@kassiopeanews.com

JPNIM is a peer-reviewed interdisciplinary journal which provides a forum on new perspectives in pediatric and neonatal medicine. The aim is to discuss and to bring readers up to date on the latest in research and clinical pediatrics and neonatology. Special emphasis is on developmental origin of health and disease or perinatal programming and on the so-called ‘-omic’ sciences. Systems medicine blazes a revolutionary trail from reductionist to holistic medicine, from descriptive medicine to predictive medicine, from an epidemiological perspective to a personalized approach. The journal will be relevance to clinicians and researchers concerned with personalized care for the newborn and child. Also medical humanities will be considered in a tailored way.

The Journal of Pediatric and Neonatal Individualized Medicine (JPNIM) is the Official Journal **UMEMPS** (Union of Middle-Eastern and Mediterranean Pediatric Societies), the Portuguese Neonatal Society (Sociedade Portuguesa de Neonatologia, affiliated to the Portuguese Paediatric Society), the Hellenic Neonatal Society, the Hellenic Society of Perinatal Medicine, the Italian-Romanian Pediatric Society (IRPS), SIN INF (Italian Neonatal Nursing Society, Società Italiana di Neonatologia Infermieristica), S.I.P.Ped. (Italian Society of Pediatric Psychology, Società Italiana di Psicologia Pediatrica), SIPO (Italian Society of Hospital Pediatrics, Società Italiana Pediatria Ospedaliera), SIMPE (Italian Society of Pediatric Physicians, Società Italiana Medici Pediatri) and AMBO (Alleanza per un ambiente a misura di bambino).



ΕΛΛΗΝΙΚΗ
ΝΕΟΓΝΟΛΟΓΙΚΗ ΕΤΑΙΡΕΙΑ



Ελληνική
Εταιρεία
Περιγεννητικής
Ιατρικής



IRPS
ITALIAN-
ROMANIAN
PEDIATRIC
SOCIETY

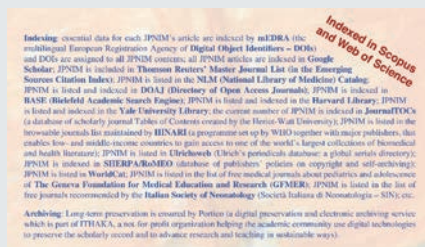


SIN INF
Società Italiana di
Neonatologia Infermieristica



INSTRUCTIONS FOR THE PREPARATION OF THE ABSTRACT OF THE LECTURES AND FOR POSTER PRESENTATION

Authors must send an abstract up to 3000 characters, including spaces, excluding names, title and affiliations. No tables and figures are allowed. A **maximum of 3 references** can be quoted in the text, in square brackets. All the papers will be checked for plagiarism. An example of how the abstract must be sent is available below:



CONGENITAL HEART DISEASE: WHAT PAEDIATRICIANS SHOULD KNOW

P.P. Bassareo, A. Ashley

Mater Misericordiae University Hospital and Our Lady's Children's Hospital Crumlin, University College of Dublin, Dublin, Ireland

Congenital heart disease (CHD) is present in about 8/1,000 live-born children [1]... TEXT

REFERENCES

- [1] van der Linde D, Konings EE, Slager MA, Witsenburg M, Helbing WA, Takkenberg JJ, Roos-Hesselink JW. Birth prevalence of congenital heart disease worldwide: a systematic review and meta-analysis. *J Am Coll Cardiol.* 2011;58(21):2241-7.
- [2] Calcaterra G, Crisafulli A, Guccione P, Di Salvo G, Bassareo PP. Infective endocarditis triangle. Is it the time to revisit infective endocarditis susceptibility and indications for its antibiotic prophylaxis? *Eur J Prev Cardiol.* 2019 Jun 10. [Epub ahead of print].
- [3] Joshi M, Tulloh RM. Respiratory virus prophylaxis in congenital heart disease. *Future Cardiol.* 2018;14(5):417-25.

Other examples could be found in the following link:

<http://www.jpnm.com/index.php/jpnm/article/view/080223/648>

REGISTRATION TYPES AND FEES:

22% VAT will be added to all costs according to the EU regulations.

After 14/10/2026 the registration will have an addition of € 50,00 + 22% VAT

22 nd OCTOBER	
22nd International Workshop on Neonatology	plus VAT
Physicians	150 euro
Nurses and other professionals	75 euro

23 rd OCTOBER	
Congresso di Pediatria +	IVA ESCLUSA
Medici	150 euro
Infermieri e altre figure professionali	75 euro

Eventi extra congressuali non ECM	Iscrizione gratuita
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La quota prevede la partecipazione ai lavori scientifici.

- Online registrations will be opened on the Secretariat web site www.kassiopeagroup.com - Meeting e Congressi page.
- On site registrations will not be possible, because of limited seating registrations will be accepted on a first-come basis.
- Once the maximum number of participants has been reached, registration will be closed.
- Registration deadline is 5 days prior to the event.
- Doctors in Training, Medical Students can have free registration.
Registration includes: admission to scientific works.
- The employees of the Neonatal Intensive Care Unit of A.O.U. Cagliari can have free registration.
- Le iscrizioni online saranno aperte sul sito della Segreteria www.kassiopeagroup.com - Pagina Meeting e Congressi.
- Non sarà possibile effettuare registrazioni in loco, a causa dei posti limitati.
Le iscrizioni saranno accettate in ordine di arrivo.
- Una volta raggiunto il numero massimo di partecipanti, le iscrizioni saranno chiuse.
- Il termine per la registrazione è di 5 giorni prima dell'evento.
- Specializzandi, studenti di medicina possono avere la registrazione gratuita.
L'iscrizione comprende: l'ammissione ai lavori scientifici.
- I dipendenti del reparto di Terapia Intensiva Neonatale della A.O.U. Cagliari possono avere la registrazione gratuita.

CONGRESS VENUE

Congress Center at UNAHOTELS T Hotel

Via Dei Giudicati, 09131 Cagliari

Tel. +390704740 - Fax +39070474016 - website: www.thotel.it

e-mail: reservation@thotel.it - info@thotel.it

HOW TO GET THERE



By airplane

Cagliari-Elmas Airport (10 km far from the hotel).



By ferry

Cagliari Porto 2 km; Porto Torres S.S. 131; Golfo Aranci-Olbia S.S. 125, S.S. 131; Arbatax S.S. 125.



By car

T Hotel is easily reachable from road n. 131; following "Cagliari San Benedetto" direction and then T Hotel sign.

CONTINUING MEDICAL EDUCATION (ECM)

CME credits applicable only for Italian learners.

CERTIFICATE OF ATTENDANCE

Certificates of attendance will be sent via email within 10 days after the workshop.

PROCEEDINGS

The accepted lectures and posters/abstracts will be published in the Journal of Pediatric and Neonatal Individualized Medicine (www.jpnim.com).

OFFICIAL LANGUAGES

Some parts are in English, some others in Italian.

ACKNOWLEDGEMENTS

The Organizing Committee gratefully acknowledges the support of the Companies and Associations participating in the Workshop.

SEDI DEI CONGRESSI

Centro Congressi UNAHOTELS T Hotel

Via Dei Giudicati, 09131 Cagliari

Tel. +390704740 - Fax +39070474016 - website: www.thotel.it

e-mail: reservation@thotel.it - info@thotel.it

COME RAGGIUNGERE LA SEDE



In aereo

L'aeroporto di Cagliari-Elmas dista circa 10 km.



In nave

Cagliari Porto 2 km; Porto Torres S.S. 131; Golfo Aranci-Olbia S.S. 125, S.S. 131; Arbatax S.S. 125.

In auto

L'hotel è facilmente raggiungibile dalla strada statale 131: seguire le indicazioni per Cagliari Centro San Benedetto e poi per l'hotel.

CERTIFICATO DI FREQUENZA

I certificati di presenza saranno inviati via email entro 10 giorni dalla fine del Congresso.

ATTI DEL CONGRESSO

Gli atti e i poster/abstract accettati saranno pubblicati sul Journal of Pediatric and Neonatal Individualized Medicine (www.jpnim.com).

PROCEEDINGS

The accepted lectures and posters/abstracts will be published in the Journal of Pediatric and Neonatal Individualized Medicine (www.jpnim.com).

LINGUE UFFICIALI

Inglese e italiano.

RINGRAZIAMENTI

Il Comitato Organizzatore ringrazia vivamente per il supporto le Aziende e le Associazioni che partecipano al Workshop.

Ogni giornata è stata accreditata separatamente pertanto, per ciascun giorno verrà rilevata la presenza nelle sale sia in entrata sia in uscita e i crediti verranno certificati solo se il tempo di presenza risulterà essere effettivamente quello previsto dalla vigente normativa ECM e se verrà compilata la scheda di valutazione evento. La certificazione attestante l'acquisizione dei crediti ECM potrà essere rilasciata dal provider ai richiedenti aventi diritto, dopo il completamento delle procedure di verifica che si concluderanno nel rispetto delle tempistiche previste dalla normativa (entro 90 gg dalla data dell'evento).

Il Provider ECM è la Kassiopea Group, riconosciuto dall'AGENAS con il numero 305.

22nd OCTOBER

22nd International Workshop on Neonatology

Il Congresso è stato accreditato per n. 250 partecipanti presso il Sistema ECM nazionale ed è riservato alle seguenti professioni:

PROFESSIONE	DISCIPLINE
Tecnico Sanitario Laboratorio Biomedico	Tecnico Sanitario Laboratorio Biomedico
Biologo	Biologo
Medico Chirurgo	Allergologia ed Immunologia Clinica; Cardiologia; Dermatologia e Venereologia; Gastroenterologia; Genetica Medica; Geriatria; Malattie metaboliche e Diabetologia; Malattie dell'apparato respiratorio; Malattie infettive; Nefrologia; Neonatologia; Neurologia; Neuropsichiatria infantile; Pediatria; Ginecologia e Ostetricia; Oftalmologia; Igiene, Epidemiologia e Sanità Pubblica; Igiene degli Alimenti e della Nutrizione; Medicina Generale (Medici di famiglia); Pediatria (Pediatri di libera scelta); Scienza dell'Alimentazione e Dietetica
Infermiere pediatrico	Infermieristica pediatrica
Odontoiatra	Odontoiatra
Infermiere	Infermieristica
Ostetrica/o	Ostetricia
Chimico	Chimica
Farmacista	Farmacista Pubblico del SSN + Farmacista Territoriale + Farmacista di Altro Settore
Psicologo	Psicologia e Psicoterapia

23rd OCTOBER

Congresso di Pediatria +

Il Congresso è stato accreditato per n. 250 partecipanti presso il Sistema ECM nazionale ed è riservato alle seguenti professioni:

PROFESSIONE	DISCIPLINE
Tecnico Sanitario Laboratorio Biomedico	Tecnico Sanitario Laboratorio Biomedico
Biologo	Biologo
Medico Chirurgo	Allergologia ed Immunologia Clinica; Cardiologia; Dermatologia e Venereologia; Gastroenterologia; Genetica Medica; Geriatria; Malattie metaboliche e Diabetologia; Malattie dell'apparato respiratorio; Malattie infettive; Nefrologia; Neonatologia; Neurologia; Neuropsichiatria infantile; Pediatria; Ginecologia e Ostetricia; Oftalmologia; Igiene, Epidemiologia e Sanità Pubblica; Igiene degli Alimenti e della Nutrizione; Medicina Generale (Medici di famiglia); Pediatria (Pediatri di libera scelta); Scienza dell'Alimentazione e Dietetica
Infermiere pediatrico	Infermieristica pediatrica
Odontoiatra	Odontoiatra
Infermiere	Infermieristica
Ostetrica/o	Ostetricia
Chimico	Chimica
Farmacista	Farmacista Pubblico del SSN + Farmacista Territoriale + Farmacista di Altro Settore
Psicologo	Psicologia e Psicoterapia

24th OCTOBER

LA PEDIATRIA DI FAMIGLIA TRA PRESENTE E FUTURO

Il Congresso è stato accreditato per n. 250 partecipanti presso il Sistema ECM nazionale ed è riservato alle seguenti professioni:

PROFESSIONE	DISCIPLINE
Tecnico Sanitario Laboratorio Biomedico	Tecnico Sanitario Laboratorio Biomedico
Biologo	Biologo
Medico Chirurgo	Allergologia ed Immunologia Clinica; Cardiologia; Dermatologia e Venereologia; Gastroenterologia; Genetica Medica; Geriatria; Malattie metaboliche e Diabetologia; Malattie dell'apparato respiratorio; Malattie infettive; Nefrologia; Neonatologia; Neurologia; Neuropsichiatria infantile; Pediatria; Ginecologia e Ostetricia; Oftalmologia; Igiene, Epidemiologia e Sanità Pubblica; Igiene degli Alimenti e della Nutrizione; Medicina Generale (Medici di famiglia); Pediatria (Pediatri di libera scelta); Scienza dell'Alimentazione e Dietetica
Infermiere pediatrico	Infermieristica pediatrica
Odontoiatra	Odontoiatra
Infermiere	Infermieristica
Ostetrica/o	Ostetricia
Chimico	Chimica
Farmacista	Farmacista Pubblico del SSN + Farmacista Territoriale + Farmacista di Altro Settore
Psicologo	Psicologia e Psicoterapia

OBIETTIVO FORMATIVO

18 - Contenuti tecnico-professionali (conoscenze e competenze) specifici di ciascuna professione, di ciascuna specializzazione e di ciascuna attività ultra specialistica, ivi incluse le malattie rare e la medicina di genere

Vassilios Fanos

A little history of the future

20 International Workshops on Neonatology and Pediatrics in Cagliari, Sardinia, Italy



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